



SEE | SMELL | TASTE | LEARN

OPEN AIR FARMERS MARKET
 CHEF DEMONSTRATIONS
 ARTISANAL & GOURMET FOODS
 NUTRITIONAL EXPERTS
 EXERCISE TRAINERS

FOOD FARE PARTICIPANTS

Adam's Olive Ranch
 Backyard Bees
 Bautista Family Organic Date Ranch
 California Produce Wholesalers
 The Chocolate Soldier
 Coleman Farms
 Distell Turkey Ranch
 Fat Uncle Farms
 Fitzgerald's
 Garcia Organic Farms
 Gourmet Specialty Farms
 Hayground Organic Gardening
 Harry's Berries
 It Begins In The Garden
 Jaime Farms
 La Nogalera Walnut Oil
 Newport Meat Company
 Panorama Organic Grass-Fed Meats
 Perricone Juices
 Picket Lane Bakery
 Pudwill Berry Farms
 Sapphire Pantry
 Sapphire Nutritional Board
 Santa Monica Seafood
 Scott Farms Specialty Gourmet Foods
 Scotty B's Hot Sauce
 Tae Kwon Do Jang, Master Cardenas
 Weiser Family Farms
 Wong Farms



SAVE THE DATE | JUNE 4, 2011

sapphire food fare

IT'S MORE THAN A FARMER'S MARKET.
 IT'S A CULINARY EXPERIENCE.

Get the summer off to a healthy start. Join family, friends, and neighbors at the Sapphire Food Fare, sponsored by Chef Azmin and Sapphire Culinary Group at St. Anne School in Laguna Niguel. It's more than just a world-class farmer's market: it's a collection of fine foods for sale, with chefs on hand to demonstrate recipes and provide tasty treats, and nutritionists and health experts available to help the whole family learn how to buy better and eat better.

Internationally renowned Chef Azmin Ghahreman of Sapphire Culinary Group believes in empowering families with nutritional knowledge and is devoted to the concept of providing children with the kind of delicious, nutritious meals at school and at home that he'd be proud to serve at his restaurant in Laguna Beach.

ST. ANNE SCHOOL | JUNE 4, 2011 — 10 a.m. to 2 p.m.



The Sapphire Food Fare is built on the foundation of the Mediterranean Food Pyramid, so get ready for all your summer picnics, barbecues, and cook-outs on the beach with the kind of food that will have you feeling as good as it tastes.



SAPPHIRE FOOD PYRAMID
 Based on the Mediterranean Diet

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SAPPHIRE FOOD FARE | St. Anne School | 32451 Bear Brand Road in Laguna Niguel | sapphireatschool.com